

Safeguarding Newsletter

Summer Term 2025



Welcome to the Safeguarding Summer Newsletter.

We have arrived at the summer holidays! The focus of this newsletter will be sun safety and online safety. Hopefully now I have mentioned the sun it won't disappear for the summer.

We would like to wish our year 6s well as they move on to their new schools and we are looking forward to welcoming our new reception students in September. Transitions to new schools are an excellent opportunity for parents to check their own and their child's social media pages and consents. There is advice on this below and we will be hosting an information session in September with further advice and guidance.

Sun and Beach Safety

Hopefully we are in for a hot summer where we can celebrate living near to so many beautiful beaches. Please find below some information from the RNLI and the RLSS about using the beaches safely. Please remember to drink plenty of water and use sun protection.

REMEMBER these five key points

- 1 Always swim in a safe place**
Be aware of rocks and rip currents.
- 2 Know the people who can help**
- 3 Make sure an adult is supervising at all times**
- 4 Cold water makes it more difficult to swim, breathe and stay alert**
Cold water <15°C.
- 5 Know how to call for help**
112 or 999.

Take part, have fun, stay safe

Lifeboats the asa swim for life

ALWAYS FOLLOW THE WATER SAFETY CODE

Whenever you are around water:

STOP AND THINK
Take time to assess your surroundings. Look for the dangers and always research local signs and advice.

STAY TOGETHER
When around water always go with friends or family. Swim at a lifeguarded venue.

In an emergency:

CALL 999
Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast. Don't enter the water to rescue.

FLOAT
Fall in or become tired - stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.

Enjoy Water Safety

Learn basic lifesaving and CPR skills. Visit www.rlss.org.uk

BE SUN SMART

Put on a Shirt

Put on Sunscreen

Wear a Hat

Wear Sunglasses

Stay in the Shade

SHARE THE SUN SAFE STORY WITH YOUR CHILD

Online Safety

During the summer our young people will naturally want to spend more time on devices and phones. Unfortunately, there is a lot of very damaging material on the internet which is now accessible through even the strictest filtering settings. Please check your internet settings and review what your child has been accessing on a regular basis.

Many social media platforms have a minimum age requirement so we would advise you to think very carefully and read the information in the links below before making a decision on letting your child access these platforms.

Below are some links from the NSPCC and Internet matters.org regarding parental controls and some information to help you decide which apps and platforms you are comfortable letting your child use.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

<https://www.internetmatters.org/advice/apps-and-platforms/social-media/>

We have had a lot of instances with our older students creating groups on WhatsApp and using these groups to spread a lot of unkindness. Please ensure you are regularly checking the content of these groups if you are allowing your child to access them. As a reminder, the legal age to access WhatsApp is 13.

<https://www.internetmatters.org/advice/apps-and-platforms/social-media/whatsapp/>

Road Safety

Many of our junior students had the opportunity to take part in bikeability sessions this year and learn more about road safety. These were run by a fantastic team who taught us all a lot about different types of crossings and how to stay safe on the road.

During the summer we have an influx of holiday makers and visitors to our area who park unsafely and can cause issues with blocking pavements and crossings. Please be extra vigilant when out and about with children and if your older children are walking or cycling locally alone, please remind them to be careful and put into practice what they learned in their sessions.

Safeguarding During School Holidays

During the school holidays the safeguarding@livingstoneprimary.org email will be manned daily for emergencies.

If you are struggling financially or need advice on parenting strategies and signposting to help available, the Early Help Access Point is a great first port of call. They are contactable Monday to Friday on **01202 126668**.

If you need to report a concern about a child please call the Multi Agency Safeguarding Hub (MASH) on **01202 123334 Monday to Friday**.

Out of Hours Children's Social Care are available on 01202 738256

If a child is in immediate danger, call the Police immediately on 999.