# **SIMPLICITY 3 WEEK MENU**

# **SPRING/SUMMER 2024**





#### 

## W/C: 29/04, 20/05, 10/06, 01/07, 02/09, 23/09, 14/10

WEEK1

2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22	Main Dish	Cheese & Tomato Pizza	BBQ Chicken served with Rice	Roast Chicken served with Roast Potatoes & Gravy	Beef Burger in a Bun served with Herby Diced Potatoes & Ketchup	EISH EINGERS SERVED WITH
JMMER 20	Vegetarian Dish	Veggie Cowboy Pasta	Macaroni Cheese	Quorn Sausages served with Roast Potatoes & Gravy	Veggie Burger in a Bun served with Herby Diced Potatoes & Ketchup	Veggie Dippers served with Mashed Potatoes
C/SI	Jacket potato topping	Baked Beans	Grated Cheese	Tuna Mayonnaise	Baked Beans	Grated Cheese
SRPI	Veg	Peas & Sweetcorn	Green Beans & Carrots	Sweetcorn & Carrots	Peas	Baked Beans
	Dessert	Yoghurt & Fresh Fruit	Banana Marble Cake	Jammy Jack Flapjack	Vanilla Sponge	Chocolate & Pear Sponge

Available Every Day – Water, fresh bread, yoghurt & fresh fruit

## W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

WEEK 2

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
024	Main Dish	Cheese & Tomato Pizza	Pork Sausages served with Mashed Potatoes & Gravy		Chicken Tikka Masala served with Rice	Fish Fingers served with Chips & Ketchup	
SUMMER 2	Vegetarian Dish	Veggie Balls in Tomato Sauce served with Rice	Cheese & Tomato Pasta	Quorn Sausages served with Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Pasty served with Chips & Ketchup	Gr. M
NG/S	Jacket potato topping	Baked Beans	Grated Cheese	Tuna & Salmon Mayonnaise	Baked Beans	Grated Cheese	
SRPI	Veg	Peas & Sweetcorn	Green Beans & Carrots	Sweetcorn & Carrots	Peas	Baked Beans	
1	Dessert	Yoghurt & Fresh Fruit	Oatie Cookie	Chocolate & Blackcurrant Sponge	Crispy Crackle Bar	Raspberry Slice	10

**Available Every Day – Water, fresh bread, yoghurt & fresh fruit** 

125 m

### W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

WEEK 3

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ma	lain Dish	Chicken Fillet in a Bun with Ketchup	Cheese & Tomato Pasta	Roast Beef served with Roast Potatoes & Gravy	Beef Pasta Bolognese	Crispy Chicken Goujon strips served with Chips
	egetarian Dish	Veggie Pasta Bolognese	Macaroni Cheese	Quorn Sausages served with Roast Potatoes & Gravy	Chickpea & Vegetable Tikka Masala served with Rice	Veggie Balls in Tomato Sauce served with Chips
2	ket potato topping	Grated Cheese	Baked Beans	Tuna Mayonnaise	Baked Beans	Grated Cheese
N No	Veg	Peas & Sweetcorn	Green Beans & Carrots	Sweetcorn & Carrots	Green Beans	Peas
D	Dessert	Yoghurt & Fresh Fruit	Apple Sponge Cake	Crispy Crackle Bar	Original Flapjack	Chocolate & Pear Sponge

Available Every Day – Water, fresh bread, yoghurt & fresh fruit