



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EFYS	Living in the Wider World To know how to form relationships with those around me.	Relationships To know how to show kindness and respect to others.	Living in the Wider World To know I can achieve a goal if I persevere.	Health and Wellbeing To know some ways to keep myself clean.	Relationships To think of some ways to manage my feeling.	Health and Wellbeing To talk about ways to be healthy.
YR 1	Living in the Wider World To know how my actions effect others in my class.	Relationships To know why difference should be celebrated.	Living in the Wider World To know how to identify when I have been successful and understand what steps have been taken to achieve a goal.	Health and Wellbeing To know some ways to keep myself healthy.	Relationships To know about my family and other families.	Health and Wellbeing To know how I have I have changed
YR 2	Living in the Wider World To know how to keep positive relationships.	Relationships To know what bullying looks and feels like.	Living in the Wider World To know how to achieve a realistic goal with help from a group/ others.	Health and Wellbeing To understand what a healthy and balanced diet is.	Relationships To understand my relationships in my family.	Health and Wellbeing To know how boys and girls are different and how they change as they get older.
YR 3	Living in the Wider World To know why I should make positive choices and how these effect others.	Relationships To know how to solve conflicts to improve the quality of relationships	Living in the Wider World To know the steps I will need to take to overcome challenges and be able to evaluate my learning process.	Health and Wellbeing To know some ways to keep myself safe.	Relationships To identify the roles and responsibilities of family members.	Health and Wellbeing To identify how boys and girl bodies change.
YR 4	Living in the Wider World To know how to make a positive impact to my class and school community.	Relationships To know what influences our assumptions so we can form true opinions of others	Living in the Wider World To know how to recognise, influence and shift negative thoughts and emotions.	Health and Wellbeing To learn about friendships.	Relationships To explain relationships I am a part of	Health and Wellbeing .To learn strategies to help me cope with changes.
YR 5	Living in the Wider World To know why we should empathise with others and use this understanding to helps us to make responsible choices that benefit ourselves and others in our community.	Relationship To know the different forms of bullying so we can spot it and stop it.	Living in the Wider World To know a job I would like to do and appreciate the opportunities that how my education are giving me.	Health and Wellbeing To know how to have a healthy relationship with food.	Relationships To know how to use technology safely when communicating with friends.	Health and Wellbeing To identify what I am looking forward to about being a teenager.
YR 6	Living in the Wider World To know how I can make a difference to children all over the world and consider the impact of my actions.	Relationships To know why difference can be a source of conflict and a cause for celebration.	Living in the Wider World To know about problems in the world and to consider how we can take action to improve the lives of others.	Health and Wellbeing To evaluate the use of alcohol	Relationships To identify the most significant people in my life and learn ways to stand up for myself.	Health and Wellbeing To explain how bodies change during puberty and how to look after myself emotionally and physically.